

Acupressure & Acupuncture therapy have been recommended for discomfort and speedy recovery of health problems for thousands of years.

We have created a special product called QuantaGram<sup>™</sup>. This product is a special disposable non-invasive holographic sticker.

This kit contains 36 disposable holograms along with common placements for Acupressure points. You can use, learn and experience acupressure by following these points shown inside this kit.

This QuantaGram<sup>11</sup> Acupressure Kit has been designed to be a non-invasive, safe, and effective way to learn our method of "do-it-yourself" Acupressure at home. This can help facilitate energetic communication via the body's meridians supporting harmony and a balanced body. Acupressure also supports the body's ability to cleanse, balance and build.

USAGE: For external use only. Apply hologram sticker on acupressure points as indicated in diagrams inside this brochure for "do-it-yourself" acupressure.

These safe non-trans-dermal holograms do not have to touch the skin and can also be placed on bandages or clothing at the selected points.

100% PRODUCT GUARANTEE: We stand by the quality of each of our products with a 100% satisfaction guarantee.

QuantumLifestyle.com

©2021 Quantum Lifestyle, LLC • 1063-C Greenbag Road Morgantown, WV 26508, USA • all rights reserved **IMPORTANT:** This product is not intended to treat disease, replace medication, support or sustain human life, or prevent impairment of human health. Keep out of reach of children.

**PROPER CARE:** To keep your Holograms safe and fresh, do not store near electrical appliances and store them in the included static bag.

WARNING: Do not use if pregnant. If using the Sleep Hologram, do not drive or operate heavy machinery. Do not place on open sores or bleeding areas. If you suffer from any health conditions, consult a medical professional prior to use of this product or any type of acupressure.

FOR EXTERNAL USE ONLY: Choking Hazard, keep out of reach of children. Do not eat or place in mouth.

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RELIEF FEELING RELIEVED AND WELL

## Learn Do-It-Yourself Acupressure

- · Quick & Simple to use
- Safe Non Trans-dermal Holographic Placement Stickers
- Acupressure utilizes energy pathways to trigger release of muscular tension and blood flow
- Supports The Body's Natural Ability To Feel Better
- An Experience To Enhance Your Life

This Kit Contains 36 Disposable QuantaGram<sup>™</sup> Holograms and Instructions





## PLACEMENTS

Location: Place a peel-n-stick Relief Hologram on the area of discomfort. If discomfort is generalized and you are unable to pin point the exact spot, probe your finger to find the most tender area. Once identified, place the Quantum Lifestyle Hologram on that spot.

It may be necessary to move the Hologram to different areas to obtain best results. You can use multiple Holograms (example: place an additional Hologram opposite or on both sides of discomfort).

Multiple types of Holograms can be used simultaneously.

For best results: Place Holograms on clean, dry skin. Do not use Hologram on an open wound. Quantum Lifestyle Holograms uses a food grade adhesive. The Hologram may not stay in place due to the many different skin types or climates. If necessary, cover or place on a small bandage or tape.

Hydration: Drink plenty or water to enhance results.

**Recommended duration:** 3 days on and 2 days off. Quantum Lifestyle Holograms can be used multiple times. To increase effectiveness at times it may be necessary to move the Holograms to different locations.

Apply Quantum Lifestyle Holograms on the points as described above. Place on clean, dry and oil-free skin (clean with hydrogen peroxide, when possible). The hologram's adhesive is a food grade adhesive. It may not stay in place due to the many different skin types or climates.